



istion  
YACHTING



**14 DAYS SAMPLE ITINERARY** STARTING FROM  
ATHENS-LAVRION





**istion**  
YACHTING

14 DAYS  
CHARTER  
SAMPLE  
ITINERARY

## CYCLADES ISLANDS

LAVRION > KEA > ANDROS > TINOS > MYKONOS  
> PAROS > NAXOS > IRAKLIA > SCHINOUSA > IOS  
> SIKINOS > FOLEGANDROS > MILOS > KIMOLOS  
> SIFNOS > SERIFOS > KYTHNOS > LAVRION

**Please note that these are only to give you an idea.**

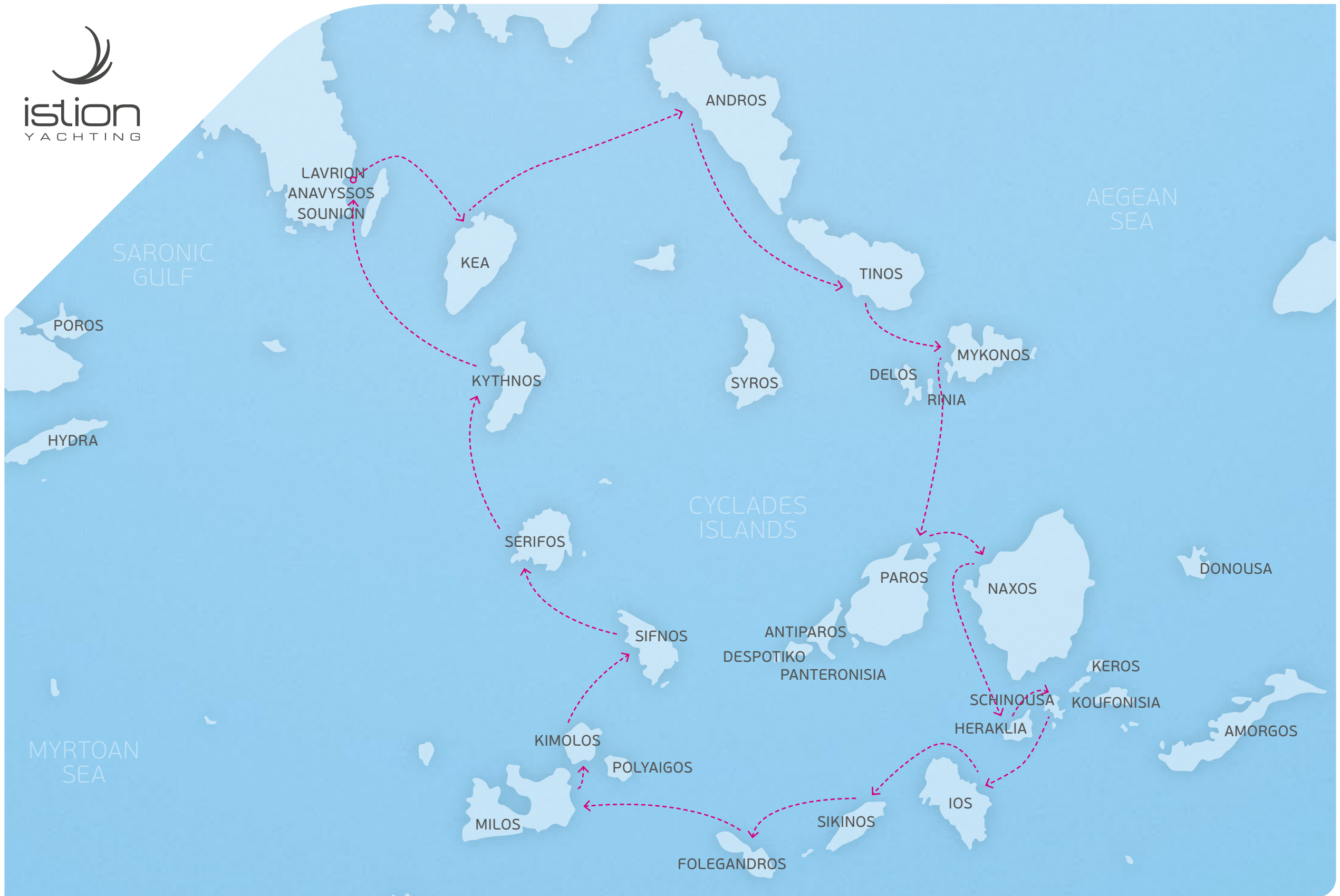
The final route will be decided on board in coordination with the Captain, tailor made to your preferences and the weather conditions at that time.

LAVRION > KEA: 22nm  
KEA > ANDROS: 30nm  
ANDROS > TINOS: 30nm  
TINOS > MYKONOS: 9nm  
MYKONOS > PAROS: 24nm

PAROS > NAXOS: 13nm  
NAXOS > IRAKLEIA > SCHINOUSA: 23nm  
SCHINOUSA > IOS: 9nm  
IOS > SIKINOS: 9nm  
SIKINOS > FOLEGANDROS: 12nm

FOLEGANDROS > MILOS: 30nm  
MILOS > KIMOLOS > SIFNOS: 18nm  
SIFNOS > SERIFOS > KYTHNOS: 31nm  
KYTHNOS > LAVRION: 30nm





SARONIC GULF

AEGEAN SEA

CYCLADES ISLANDS

MYRTOAN SEA

LAVRION  
ANAVYSSOS  
SOUNION

KEA

ANDROS

TINOS

MYKONOS

KYTHNOS

SYROS

DELOS

RINIA

SERIFOS

PAROS

NAXOS

DONOUSA

SIFNOS

ANTIPAROS

DESPOTIKO

PANTERONISIA

KEROS

SCHINOUSA

KOUFONISIA

AMORGOS

KIMOLOS

POLYAIGOS

HERAKLIA

IOS

MILOS

FOLEGANDROS

SIKINOS



CYCLADES  
KEA ISLAND

Kea or Tzia Is the 'gate' to the Cyclades, the Far West Island of the Cyclades and closest to Attica. It's beautiful and rare natural environment, the originality of its villages and memories of past times fascinate visitors from the first moment, as thousands of years of history unfold before their eyes.





**DEFINITELY VISIT:**

Ancient Karthea • The Kea Lion  
Prehistoric settlement of Agia Irini  
Hellenistic tower of Agia Marina





# ANDROS ISLAND

With its wonderful nature, cosmopolitan main town, traditional villages and amazing beaches, Andros island is an all time favorite when it comes to stunning gateways from Athens! It offers visitors a relaxing and laid back destination and is ideal for sailing holidays. Andros is known as a nature lover's paradise; Visitors can look forward to exploring a diverse landscape where mountainscapes meet remote bays and scenic coves. Some of the best swimming spots on the island are away from the crowds can only be accessed by boat.





**DEFINITELY VISIT:**

“Tis Grias To Pidima” Beach • The landmark of Tourlitis Lighthouse  
The Goulandris Museum of Modern Art • The Waterfalls of Andros





# TINOS ISLAND

Tinos is the ideal place for nature lovers, architecture, art and tradition, and the perfect answer to the relative expectations! It is also where the spiritual heart of Greece beats due to the emblematic church of Virgin Mary called "Panagia Megalochari". In addition to its overall effect of a deeply calming atmosphere, the island is known for the traditional architecture of its villages and its charming sandy beaches. Scattered on the mountains, the little white-washed villages keep the tradition of the island alive. Wander around their beautiful squares, taste the local delicacies and escape the heat lazing under the sycamore trees!





**DEFINITELY VISIT:**

- Volax village
- Yannoulis Halepas Museum
- Tarambados and its dovecotes
- The Kechrovouni Monastery





CYCLADES

# MYKONOS ISLAND

Mykonos is a wonderful Cycladic island, worth visiting at any time of the year. However it is a must to enjoy the days of its summer glory, when it literally becomes an international village, when its community of believers make it a sight worth seeing, when one can experience the unique feeling that everything and everyone is in Mykonos. Surrounded by Tinos, Syros, Paros and Naxos, a small island stands out, globally renown as one of the most popular tourism centers of the Mediterranean.





**DEFINITELY VISIT:**

Village Ano Mera • Church Paraportiani  
Museums in Chora • Traditional & unique feasts





# PAROS ISLAND

Paros is so fascinating on so many levels that many people love it having seen only one of its faces. Don't jump to conclusions about what you like, get to know the island first and find your "own" Paros, the face that suits you best. No doubt, though, it will charm you even if you see a different side from the one expected. The island of Paros is famous for its golden beaches, clear blue waters and nightlife.





**DEFINITELY VISIT:**

Parikia • Lefkes village • Dilion • Askliption  
Valley of the Butterflies • Ancient Marble Quarries  
Panagia Ekatonapyliani • Local festivities in  
Naousa, Alyki & Prodromos





# NAXOS ISLAND

---

Naxos is the largest and most fertile island of the Cyclades. Its long history, the important monuments but also its vivid tourism life have put it in a special position among the other Cycladic islands. No matter how many days you spend in Naxos, there will always be something to discover, beaches you haven't seen, towers and castles you haven't visited yet, ancient temples whose secrets are yet unknown.





**DEFINITELY VISIT:**

Kastro at Chora • Portara • Kouroi  
Halki village • Classical Temple of Demeter  
Local festivities





# IRAKLIA ISLAND

Iraklia is a great option for those who want to escape the pressure of routine. Visitors will enjoy it from the first moment and every moment is full of pleasant surprises. Whether it's a delicious dish, a magical underwater scene or an unexpected feast, Iraklia is at the far west of the Small Eastern Cyclades, south of Naxos and northeast of Ios.





**DEFINITELY VISIT:**

Cave of Agios Ioannis • Alimia bay • Local festivities





# SCHINOUSA ISLAND

Schinoussa is like a big family, not waiting for tourists but offering a warm welcome to visitors, as Greek tradition suggests. The island is a beautiful place that has retained its pure character, full of sights and chances to enjoy your holidays in the Aegean Sea to the fullest. Schinoussa belongs to the cluster of the Small Eastern Cyclades, and is located between Iraklia & Koufonissia, southeast of Naxos.





# IOS ISLAND

---

Ios or Niós, as the locals call it, is one of the most beautiful islands of the Cyclades, like a flower, as its name "Ion" denotes. According to the ancient tradition, Íos was the homeland of Homer's mother and the final resting place of the great epic poet. Upon reaching the island, the view before you is enchanting: as pretty as a picture, Hóra lies very close to the harbour in Ormos and greets the travellers, built in an amphitheatre-like manner on the slope of a hill, on the top of which there are ruins of a mediaeval castle.





**DEFINITELY VISIT:**

Panayia Gremiotissa • Skarkos • Archaeological Museum  
Palaiókastro • Traditional feasts





# SIKINOS ISLAND

Sikinos island is located between Ios and Folegandros in southern Cyclades. It is considered one of the most secluded Cycladic islands, nearly untouched by tourism development. Its capital town and villages have a traditional Cycladic style and its unspoiled beaches have a relaxing atmosphere. The best things to do in Sikinos are mainly hiking and swimming, thanks to the island's extraordinary natural setting. As for places to visit in Sikinos, the old Monastery of Episkopi and the Folklore Museum are musts!





# FOLEGANDROS ISLAND

Shining under the Aegean sun, Folégandros was named after the son of king Minos. This off-the-beaten-path destination captivates the visitors with the untouched beauty of its beaches, the luminous blue of its waters, and the unadulterated style of its architecture.





**DEFINITELY VISIT:**

Ano Meria • Folk Museum • Chrysospillia (aka Golden Cave)  
Glorious beaches of Hohlidia, Vitzetzo, Latinaki, Pountaki & Livadi  
swimming races & regattas in Karavostassi & Agkali





CYCLADES

# MILOS ISLAND

Milos is one of a kind. It would be just a divine Cycladic island, with fabulous waters and beaches, even without three other unique characteristics: the volcano, the catacombs and its distinct fauna, including the well-known species, the adder of Milos and the rock goat. For whatever reason you visit, you will enjoy even more than you expected.





**DEFINITELY VISIT:**

Sarakiniko • Kleftiko • Fyriplaka, Yerakas & Tsigrados  
Local traditional minor & major feast





# KIMOLOS ISLAND

Kimolos, between Sifnos and Milos, is a favourite destination for those in search of peaceful holidays outside the touristic mainstream, in an enchanting setting with fascinating historical, but also and unique geological monuments like "Skiadi", a rare mushroom-shaped formation that can provide shade to even 40 people.





**DEFINITELY VISIT:**

Sights at Chorio • Sea caves • Syrmata  
Ancient sights at Ellinika & Agios Andreas islet  
Ruined windmills • Skiadi • Variety of events & festivals







CYCLADES

# SIFNOS ISLAND

---

Sifnos belongs to the West Cyclades and is situated in the middle of the triangle formed by Serifos, Kimolos and Antiparos. Its pristine white settlements, blending superbly with the natural environment, its sandy beaches, picturesque churches and monasteries, its Venetian castle and ancient towers, and the wise cultivation of the land, its ceramics, hospitality and local feasts make up a superb, exciting and alluring setting for every traveller.





**DEFINITELY VISIT:**

Monastiri Chrysopigis • Artemonas village  
Mycenaean Acropolis • Typically Cycladic settlements  
at Exambela, Katavati, Ano & Kato Petali.





# SERIFOS ISLAND

Serifos Island, with its rugged mining sites, laden with history, has its own distinct Cycladic flair. The island exudes a calm atmosphere and speaks directly to your senses.

Despite its arid and wild land characteristics, Serifos is gracefully embraced by the deep blue colours of the Aegean Sea and has some magnificent beaches.





**DEFINITELY VISIT:**

The old mines • Moni Taxiarchon  
Cycladic traditional festivities





# KYTHNOS ISLAND

Kythnos is like a modest beauty. It is not famous, no pictures of Kythnos are seen on the cover of magazines. However it is truly beautiful and genuine, and very "well behaved" too. It is approachable, friendly, joyful and hospitable. A holiday destination out of the ordinary, this is one of its greatest virtues.





**DEFINITELY VISIT:**

Panagia Kanala • Castle Orias, Vryokastro & Maroulas  
Cave of Katafiki • Traditional year-round festivities







WELCOME TO GREECE

Wishing you a wonderful cruise!

**HEADQUARTERS:**

1, POSEIDONOS AVE., 174 55  
ALIMOS, ATHENS-GREECE

TEL +30 210 9811 515  
FAX +30 210 9811 990

CHARTER@ISTION.COM  
WWW.ISTION.COM

**DISCLAIMER**

All itineraries are suggested and subject to approval by Captain who will be evaluating prevailing weather and sea conditions at the time of charter. Private charter vessels are not cruise ships and can alter point of call at any time during the charter for passengers' safety and comfort. The itinerary that will be followed will be discussed by Charterer and Captain upon embarkation, every effort will be made to meet

Charterer's preferences but the actual itinerary that will be followed is subject to weather conditions and to the discretion of the Captain who will be considering passengers' safety first. Whilst every effort will be made to secure berthing in the chosen ports during the charter neither the Owner nor the Stakeholder nor the Broker nor Captain can be held responsible for the final allocation of any berth. This is not a contractual doc-

ument but only a sample itinerary suggestion which is not legally binding. All information is given in good faith and is believed correct but cannot be guaranteed. The Author does not warrant or assume any legal liability or responsibility for the accuracy, completeness, or usefulness of any information and/or images displayed. All information is subject to change without notice and is without warrantee.